

INTRODUCTION

ENRG Gymnastics PTY LTD takes great pride in the presentation and representation of the club. The following uniform requirements have been endorsed to ensure all members of our team wear the appropriate attire to participate in activities safely, are easily identified as club members; and represent our club in a positive and professional manner.

UNIFORM REQUIREMENTS

COACHES

During training, Coaches are required to wear:

- Club coaches singlet (2 provided PT, 1 provided Casual to be returned at end of employment)
- Black shorts
- Barefoot; feet in good condition or black socks and runners; running shoes to be indoor shoes, not to be worn outside
- No excessive jewellery; no rings (wedding bands only), no bracelets, necklace length not to exceed collar bones no pendants, small earrings not to exceed the size of a 5 cent piece, only 1 per ear
- No excessive makeup
- Hair tied back neatly

During competition, Coaches are required to wear:

- Club polo shirt (2 provided)
- Black shorts
- Black socks and runners/joggers
- No excessive jewellery; no rings (wedding bands only), no bracelets, necklace length not to exceed collar bones no pendants, small earrings not to exceed the size of a 5 cent piece, only 1 per ear
- No excessive makeup
- Hair tied back neatly

GYMNASTS

General Gymnastic Programs

Gymnasts participating in General Gymnastic programs are required to wear:

- Comfortable clothing (i.e. T-Shirt and Shorts (must be close-fitting or tucked in)) or Bike pants and crop top or Leotard
- Hair tied back neatly
- No socks
- No jewellery or excessive hair accessories should be worn
- No excessive makeup

ENRG GYMNASTICS PTY LTD – CLUB UNIFORM POLICY



Levels Programs

- Gymnasts participating in Levels programs are required to wear:

Girls

- Training - Leotard or bike pants/shorts and crop top
- Competition - Club leotard, polo shirt, white socks and runners, club bag
- Hair must be tied back neatly, and hair sprayed to hold
- No jewellery or excessive hair accessories should be worn

Boys

- Training - Leotard and shorts, or shorts and singlet
- Competition - Club leotard, club shorts, club longs, polo shirt, white socks and runners, club bag
- Hair must be neat and/or tied back neatly if long
- No jewellery should be worn

Travelling / Displays

Gymnasts participating in Displays are required to wear:

Girls

- Club crop top and bike shorts
- Hair must be tied back neatly, and hair sprayed to hold
- No jewellery or excessive hair accessories should be worn

Boys

- Club leotard and shorts
- Hair must be neat and/or tied back neatly if long
- No jewellery or excessive hair accessories should be worn

When gymnasts are travelling to and from events, competitions or public displays, the following uniform should be worn:

- Club Polo Shirt and shorts
- Black socks and runners
- Hair tied back neatly

JUDGES

Judges are required to wear the uniform specified by their respective Technical Committee.

VOLUNTEERS

Volunteers who help with the day to day running of the Club and are in public view for promotional work will be provided with one Club Polo shirt to be worn neatly on these occasions.

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